

St Johns County School District Middle School Menu
Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée Choices:	Entrée Choices:	Entrée Choices:	Entrée Choices:	Entrée Choices:
Chicken Quesadilla Max Max Cheese Sticks & Choice of Marinara Dipping Sauce Chicken Nuggets or Popcorn Chicken & Choice of WG Garlic Toast	Cheese or Pepperoni Calzonettes Spicy Homestyle Chicken Sandwich Mini Corn Dogs	Chicken Nuggets or Popcorn Chicken & Choice of WG Roll Cheese or Pepperoni Pizza	Pasta & Meatballs and Choice of WG Garlic Toast Hot Dog Chicken Nuggets or Popcorn Chicken & Choice of WG Garlic Toast	BBQ Chicken & Choice of WG Garlic Toast Cheeseburger Mini Corn Dogs
Vegetable Choices:	Vegetable Choices:	Vegetable Choices:	Vegetable Choices:	Vegetable Choices:
Green Beans Steamed Broccoli	Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Baked Beans Marinara Dipping Sauce	Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Corn	Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Sweet Potato Puffs	Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Baked Potato Fries
Fruit Choices:	Fruit Choices:	Fruit Choices:	Fruit Choices:	Fruit Choices:
Applesauce Assorted Fruit	Mixed Fruit Assorted Fruit	Fresh Sliced Apples Assorted Fruits	Sliced Peaches Assorted Fruits	Choice of 100% Juice: Apple, Apple Cherry, or Fruit Punch Assorted Fruits
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Dipping sauce dunk cup	Ketchup, mustard, mayo, dipping sauce dunk cup	Dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard	Ketchup, mustard, mayo, lettuce & tomato cup, dipping sauce dunk cup

"USDA is an equal opportunity provider and employer"

Additional Entrée Items that may be offered daily: Lunch box, lunch salad, Cheese Fruit & Veggie Cup, Teriyaki Chicken w/ Yakisoba Noodles



All Entrée Items & Breads are composed of a minimum of 51% Whole Grain. Exception: Pastas and Macaroni & Cheese
 Assorted Fruits are based on availability and season and include fresh, canned, and/or frozen.

St Johns County School District Middle School Menu
Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée Choices:	Entrée Choices:	Entrée Choices:	Entrée Choices:	Entrée Choices:
Macaroni & Cheese and Choice of WG Roll BBQ Chicken Max Snax Chicken Nuggets or Popcorn Chicken & Choice of WG Roll	Mini Corn Dogs Mini Cheese Ravioli & Choice of WG Garlic Toast Nacho Lil' Bites	Cheese or Pepperoni Pizza Chicken Nuggets or Popcorn Chicken & Choice of WG Roll	Cheeseburger Spicy Homestyle Chicken Sandwich Chicken Nuggets or Popcorn Chicken & Choice of WG Garlic Toast	Hot Dog Chicken Nuggets or Popcorn Chicken & Choice of WG Roll Max Cheese Sticks & Choice of Marinara Dipping Sauce
Vegetable Choices:	Vegetable Choices:	Vegetable Choices:	Vegetable Choices:	Vegetable Choices:
Baby Carrot Dippers Green Beans Steamed Broccoli	Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Corn	Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Sweet Peas	Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Baked Potato Fries	Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Baked Beans
Fruit Choices:	Fruit Choices:	Fruit Choices:	Fruit Choices:	Fruit Choices:
Applesauce Assorted Fruits	Peaches Assorted Fruits	Fresh Sliced Apples Assorted Fruits	Mixed Fruit Assorted Fruits	Choice of 100% Juice: Apple, Apple Cherry, or Fruit Punch Assorted Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Dipping sauce dunk cup	Ketchup, mustard, dipping sauce dunk cup	Dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard, mayo, lettuce & tomato cup	Dipping sauce dunk cup, ketchup, mustard

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