



# Leadership Development

*Anywhere, Anytime*

## How to help students while they are being isolated and participating in 'classrooms on-line': A guide for parents April 1, 2020

(Sources: CNN. Vox.com NYTimes.com)

**Be realistic.** Kids accustomed to classrooms won't be as focused at home, and it will take time for both adults and children to acclimate. If possible, keep up with any coursework the school provides, but don't stress about a slow start.

**Remain flexible.** Every kid's needs will be different and though you don't want quarantine to be a long vacation, don't push so much that you're your kids resist home learning. Like, why shouldn't they wear PJ's to class?

**Create a loose routine.** Create a schedule but allow each day to take its own course. Try a regular morning schedule meeting to discuss the day ahead and, if nothing else, establish a mandatory quiet time. Support the routine and schedule the teacher has established.

**Empower the student.** School assigned homework must be done but embrace the freedom to choose other content. Ask what your child wants to learn about most and use your strengths. Maybe you could teach botany through gardening or chemistry through baking. Again, support assignments presented by the teacher and supplement with these ideas. Communicate with the teacher.

**Don't skip recess.** Kids need time to blow off steam, and fresh air and exercise will help them stay alert. When in doubt, read. Books and audiobooks are ideal for supplementing on-line lessons. Turn to tech. Your school is creating online learning platforms which may be supplemented by numerous on-line apps and websites. Be innovative—you may learn too!

